



Meeting God through Art: Visio Divina A Guided Prayer Journal with Images from the Metropolitan Museum of Art

By: Therese Kay

Learn to pray with art!

Meeting God through Art is a guided prayer journal that leads you through the contemplative prayer practice of visio divina. This volume contains 25 carefully curated images from the Metropolitan Museum of Art. Using art, prayer, and guided questions, this prayer practice will guide you into a deeper experience of God's presence and learning various ways that God speaks to us every day. Each piece of art work in this volume was chosen to help guide the viewer into reflection and to respond to God in prayer through both heart and mind.

ASIN: 1074041003

ISBN-13: 978-1074041007

Format: Soft Cover

Publication Date: June 27, 2019

Dimensions: 9.25x7.5

Pages: 128

Available from: Amazon

amazon.com[®]



Therese Kay is a lover of God, a photographer, a writer, and a former teacher. She is primarily self taught as a photographer. A graduate of Smith College and Columbia University, she resides in Lynn, Massachusetts with her family. When not out taking pictures, you can often find her at her computer writing or editing photos with a cup of tea by her side.

Website: www.ThereseKay.com

Facebook: www.facebook.com/ThereseKayCreative/